



Snips And Snaps

GREAT NEWS FOR ORNAC REGISTRATION

The online national registration is now open to ORNAA members. As our membership year is finished on June 30, 2014, members can now register thru the ORNAC site. It was decided by the ORNAC Board that ORNAA members will not need to pay for a prorated 1/2 year membership (for the July 1-December 31, 2014 period) as was previously planned. Rather the 1/2 year will be incorporated into the 2015 membership year.

What this all means to you, is that you can register for a fee of **\$65 +GST** and your ORNAC membership will be valid from **July 1, 2014 to December 31, 2015**. Please visit <https://www.ornac.ca/membership/register.phtml> to register for your membership now. Be sure to have your RN Registration # and work address available when you register as these are mandatory fields.

INSIDE THIS ISSUE

Conference.....	2
Not Just A Nurse-----	3
Reports	4
Awards.....	5

satisfaction
improving efficiency
management
workflow



ORNAA

Proudly Presents

THE POWER OF PERIOPTIMAL NURSING

Operating Room Nursing Conference

SEPTEMBER 24-27, 2014 | Sheraton Red Deer Hotel, Red Deer

Catherine.Hawn@albertahealthservices.ca

POWERFUL PROFICIENT PREVALENT PERSUASIVE PRODUCTIVE

“We make people stop breathing on purpose. This is extraordinary “

I AM NOT JUST A NURSE

Julie Hoefling RN

We’ve probably all said it. “I’m just a nurse.” Just. What is that supposed to mean? If you hear someone say “I *just* prevented that patient from a sacral ulcer that would have lead to sepsis” or “I *just* noticed and that patient’s bladder was distended before we started the operation so I catheterized them”, wouldn’t that be ridiculous? But we say it. Worse yet, we *feel* it. As nurses, we forget that we are in a position of high responsibility and heavily relied on. We marvel at the skilled hands of our surgeons, but we forget to marvel in the fact that without us, they wouldn’t even be able to book the case cart. It is expected and necessary for us to learn the names of thousands of instruments, what they do and when they are needed. You know there is that one special finochetto that this doctor likes. It’s on the third shelf on the fourth wire rack in that specific, yet generic metal container amongst a sea of metal containers. We have a memory that is relied on and no book, or manual or app is going to replicate it. You are dedicated. You try your hardest and no software system is ever going to rival your knowledge.

People ask us “How do you do your job?” We don’t think about it since we have trained hard for this moment. “This moment” is every moment. We don’t take the time to contemplate that while we were assisting a surgeon drain a life threatening subdural hematoma, others would be falling apart, frozen with fear. What we do everyday is a big deal. Our skills, the checks and balances we do, the supervision we provide make a dangerous situation manageable, tolerable and safe.

Every single operation has the potential to be life threatening. We make people stop breathing on purpose. This is extraordinary. We expect it, we meant for that to happen. In virtually every other place on the planet, this is the worst possible scenario. For us, it’s just ordinary. The unexpected is the norm. The trauma, the broken equipment, the confusing pathology requisition, it’s on us to figure out how to get what we need and how to do it right. There is no choice but to figure it out, and quickly. *Just* figure it out

When did extraordinary become ordinary? Perhaps when extraordinary becomes the basic standard of care we then shift our mindset that this is *just* ordinary now. It still isn’t! So how do we value our incredible skills and work? We take a step back, we look at our colleagues and we give each other a well deserved pat on the back. “I knew you could do it, and you did a fantastic job!” Nobody else is going to do it. Nobody else even sees what we do! You are a good nurse. You are a great nurse. You will never be *just* a nurse.



Date to Remember

Snips And Snaps Deadline

June 15 2014– for July publication. Please note change from previous deadline.

Nov 15 2014– for Dec 1 2014

Publication

DISTRICT NEWS

CORNA REPORT

CORNA district membership includes 24 active members and 2 honorary members. In the spring one member wrote the CPN(C) exam.

On April 12, 2014 CORNA held its Annual Spring Workshop. It was successful with 12 members and 37 non members in attendance. Of those in attendance 29 work in the operating room and the remaining work in the recovery room, day surgery, pre admission clinic and various units at the Red Deer Regional Hospital. At the workshop Dr David McDonald spoke on free flap reconstruction surgery, Dr. Lawrence Farries spoke on gastric bypass surgery, Gregg Braat spoke on financial advice and a motivational speaker Martin Presse wrapped up the workshop. We also had a special guest, who was a previous gastric bypass patient, attend with Dr. Lawrence Farries. This former patient graciously answered many of our questions and shared openly about his experience with gastric bypass. What an honour it was to have him come and share with us. Concurrent sessions featured at the workshop included Synthes and Sigvaris.

The president elect position became vacant in the spring and the position has been filled by Courtney Donais, previous educator for CORNA.

Our next dinner meeting will be held on June 12, 2014.

Laura Phillips will do a presentation on the AORN conference she recently attended in Chicago.

Respectfully Submitted,

Alicia Zaseybida RN, BScN

CORNA President



CALL FOR NOMINATIONS

Muriel Shewchuk Excellence in Leadership Award for Alberta

The "Muriel Shewchuk Excellence in Leadership Award" is to be presented to an Alberta Operating Room Nurse who has demonstrated outstanding and consistent commitment to the specialty and the nursing staff of the operating room (s) through leadership roles in the area of clinical excellence, supervision and /or education as a role model and mentor. The award is presented to honor Muriel Shewchuk who spent over 42 years dedicated to Perioperative Service in Alberta.

Guidelines:

- This award is administered by the ORNAA Awards Committee (given only if there is a suitable candidate).
- The Muriel Shewchuk Excellence in Leadership award will include \$500 cash plus a plaque.
- Funded by Muriel Shewchuk for 5 years (1st award to be presented Oct. 2007).
- Muriel Shewchuk or Marcia Shewchuk will make the award presentation at the annual ORNAA conference.

Eligibility:

- Must be an operating room nurse with CNA certification, CPN(C).
- Must be active ORNAA member.
- May be a nurse clinician, nurse manager, nurse educator or nurse director.

A Muriel Shewchuk Excellence in Leadership nomination form must be completed. As per the nomination form, the nominee must be nominated by at least one registered nurse who writes a supporting letter that demonstrates how the nominee fulfills the criteria of the award. This letter must be signed by the nominator and at least two other registered nurses. Forward complete nominations to ORNAA Awards chairperson. Contact education@ornaa.org to obtain mailing address of ORNAA awards chairperson.

- Nominations must be received by Oct 1st.

The ORNAA Promising Star Award

This award is to be presented to an Alberta Operating Room Registered Nurse who is currently working in a surgical suite and who has less than two years experience in this role. The nominee exceeds the expectations of their employers and/or colleagues and shows promise as an exceptional member of the Perioperative Registered Nursing profession.

Guidelines:

- This award is administered by the ORNAA Awards Committee (given only if there is a suitable candidate).
- One award will be presented per district, per year, if there is a suitable candidate.
- The Promising Star Award will include a one-year membership to their local ORNAA district and an "ORNAA PROMISING STAR" pin representing the award.
- One-year membership will be paid by the nominee's local district.
- Each successful nominee will be highlighted in an issue of Snips and Snaps during the next year. The highlights will be a summary from the nomination form and letters and will include a picture of the nominee (if available).
- 1st award(s) to be presented Oct. 2007.
- A member of the ORNAA Board will make the award presentation at the annual ORNAA conference.

Eligibility:

- The nominee must be currently working, as a registered nurse, in a surgical suite and have less than two years experience in this role.
- The nominee does not have to be an ORNAA member.
- An ORNAA Promising Star Award nomination form must be completed.

As per the nomination form, the nominee must be nominated by a Registered Perioperative Nurse with an active ORNAA membership who writes a supporting letter that demonstrates

**"Bridging
Excellence in
Perioperative
Practice"**

VOLUNTEER OPPORTUNITY

- **Volunteers Needed!
For The 2015 ORNAC National Conference**

"Bridging Excellence in Perioperative Practice"
May 3-7, 2015

*Shaw Conference Center,
Edmonton, AB*

What's in it for you?

The chance to be involved with ORNAA/ORNAC.

- The chance to network with your Perioperative colleagues.
- Opportunity to experience a National conference and make it the best ever!!

Contact Christine at cmochid@hotmail.com to secure your spot as a volunteer.