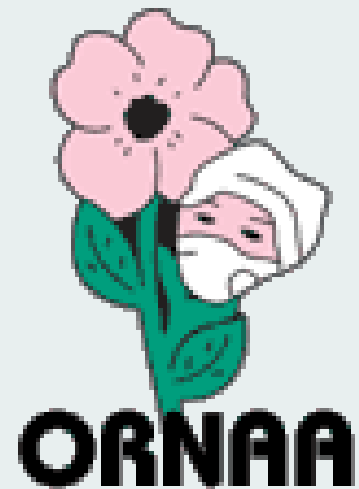


# Operating Room Nurses of Alberta Association

Winter 2015



## ORNAC REGISTRATION

The ORNAC 2015 registration year is drawing to a close and registration is open on the ORNAC website for returning and new members. The membership year runs January 1 2016 to December 31 2016. Membership is \$65.00 for Registered Nurses and \$70.00 for other health care professional with a stake hold in perioperative care.( ie- LPN, physicians, MDR ets). Membership in your local district can only be done through the ORNAC membership.

Please visit [www.ornac.ca](http://www.ornac.ca) for more information regarding membership benefits and registration. Take care to register in the correct district.. All 5 districts are listed under the Alberta provincial council and you have to select your district. To change districts after you register will result in having to repay the registration fee!

## ORNAA AGM AND AWARD WINNERS

Thank you to all the members who attended the AGM and education session on October 18th. Congratulations to the winners of the ORNAA awards.

Promising Star- Alyssa Watkins(CORNA)

First Place writing- Torey Erdman (SCORNA)

Special Interest Article- Heather Lifeso (SCORNA)

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**Canadian Blood Services**  
*it's in you to give*

## BLOOD DRIVE 2014/15

**We need your blood.** On September 19, 2014 Canadian Blood Services (CBS) activated their “Blood Signal”, which is an urgent call for blood donations due to low inventory in Red Deer.

The message from CBS was loud and clear, and captured the attention of a few of the nurses in the Red Deer Operating Room. “We should do something”, we thought. “How can we help?”

Shortly after the call for blood, one of the nurses on

unit 23 put together a team and challenged other units in the hospital to do the same, in a race to see which unit could donate the most units of blood from October 1, 2014 to March 31, 2015. The O.R. was in!

The Operating Room joined the Partners for Life program through CBS, and the donations (and recruitment) began. Posters were hung throughout the O.R., and staff and family members were encouraged to partner with the O.R. to register their donations

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*“Donating blood is an excellent way to continue helping in the care of our patients.”*

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Forty-four donations were made in the 6 months of the challenge. The O.R. came in second place, next to unit 31 who had 48 donations. Canadian Blood Services held an appreciation night to recognize this and other amazing contributions over the past years. The O.R. received a certificate in recognition of our donations as a partner in the Partners for Life program.

Just because the initial challenge from unit 23 has come to an end, our nurses have not stopped donating. Staff, friends and family are all encouraged to partner with the Red Deer Hospital Operating Room and count their donations as part of our ongoing team. We are committed to donating 15 units per year. We have already proven that we can do better than that! Donating blood is an excellent way to

continue helping in the care of our patients.

To join our team, access the Partners for Life area of the Canadian Blood Services website [www.blood.ca](http://www.blood.ca). Click “Team Up” under the “Member” section. Our Partner ID number is REDD188203. Start donating today; even one donation will make the world of difference to a patient in need.

Submitted by Breanne Kinney



*End of treatment bell at the Central Alberta Cancer Centre*

## CORNA EDUCATION DINNER MEETING

On Tuesday, September 29<sup>th</sup> CORNA members had their fall meeting at the Red Deer Regional Hospital. With 10 members in attendance and 2 guests dinner was enjoyed while learning about the recent additions to the Central Alberta Cancer Centre. Eileen Wagner who is a clinical educator at the cancer center gave a presentation on cancer care in Red Deer. We learned about the importance of screening for the 6<sup>th</sup> vital sign – distress; and how essential the psychosocial aspect is for our patients. Red Deer has two medical oncologists which enables the center to run concurrent treatments if needed. They currently do approximately 40 treatments per day in clinic. Our nurses learned about the resources available and enjoyed the discussion about the role of the cancer center nurse navigator. After the presentation our members had a tour of the cancer center. The bell in the picture is for patients to ring at the end of their treatments; which Eileen noted was a real inspiration for people to hear. There are two radiation treatment rooms with room for expansion to make a third in the future. The machines were impressive in size and our members learned how different areas of the body are treated and how a Dosimetrist plays a key part of the radiation oncology team. As nursing grows and is more specialized it was a beautiful thing to see what our colleagues do and it gives us perspective of what the journey looks like for our patients who come for surgery.

Submitted by Claudia Huska

Snips and Snaps

Deadlines

February 15, 2016 for  
Spring Snips and Snaps

May 15, 2016 for  
Summer Snips and  
Snaps

## Perioperative Nurses Week

November 9-13 2015

NCORNA (North Central Operating Nurses of Alberta) celebrated Perioperative Nurses Week with lots of enthusiasm. We celebrated at our November dinner meeting with several lucky winners winning door prizes. Then we finished off the night with a wonderful cake to celebrate! The cake was made by Livia Subertova-Hlbocan. She is an ORT/LPN working in the Operating Room at the Westview Health Centre in Stony Plain. As you can see, she did a fabulous job. She made our evening very special.

Submitted by Darlene Rikley R.N. CPN(C)

NCORNA President/ORNA President



Perioperative Nurses Week was celebrated at the Queen Elizabeth II Hospital in Grande Prairie by an open house organized by NORNA members and staff. The open house was held on Saturday with hospital staff and family members able to visit a theatre and see some of the equipment used. The volunteer staff answered questions and showed off their endoscopic selfie skills!





**ABC's of  
PERIOPERATIVE  
PRACTICE**

**Advocacy**

**Balance**

**Competency**

**32<sup>nd</sup> ORNAA CONFERENCE**

Hosted by SORNA

September 21-24, 2016

Sheraton Conference Center

Red Deer, Alberta

Do you know how many times an hour the air exchanges in the theater you work in?

## ORNAC STANDARDS REVIEW

### Ventilation 4.4.1

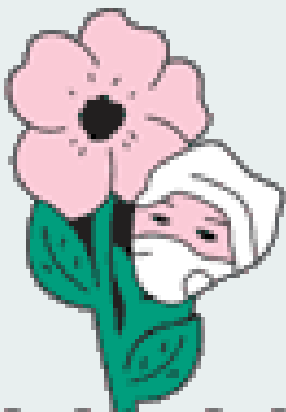
#### Practice

The ventilating system in the perioperative environment shall provide air exchanges as recommended by provincial and/or national standards (CSA,2010). Ventilation should consider asepsis as well as physical comfort.

#### Rationale

Ventilation enables air dilution and removal of airborne microorganisms. This minimizes the potential of infection via airborne/droplet transmission.

Operating Room Nurses Association of Canada (2015) *The ORNAC Standards for Perioperative Registered Nursing Practice* ( 12th Ed) page 258, ORNAC



**ORNAA**

[www.ornaa.org](http://www.ornaa.org)

For more information

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