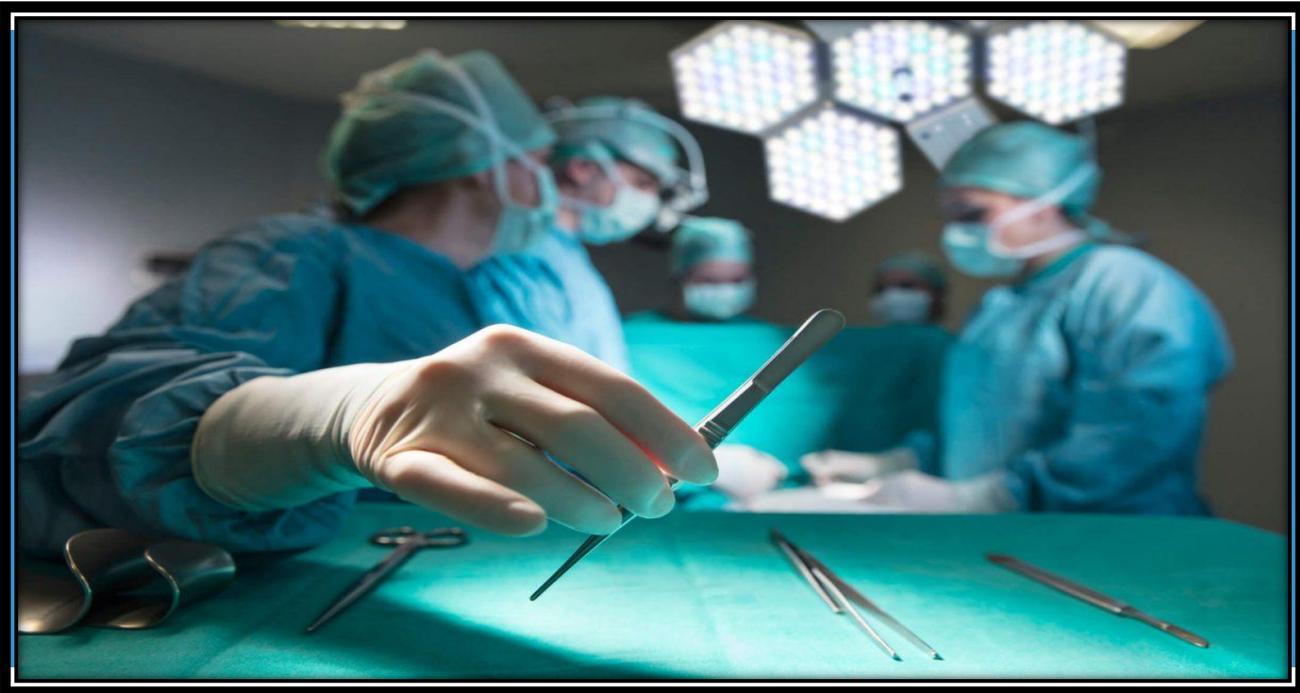


Snips & Snaps

ORNAA NEWSLETTER



Pages 2-3

Across the Province
ORNAA conference; Highlight
a Hospital

Pages 4

ORNAC News
2020 ORNAC
Registration/Renewal; ORNAC
website; Education Portal

Pages 5-7

Education and ORNAA
Spotlight on a Standard;
ORNAA changes and updates;
contact info



ORNAA EDUCATION DIRECTOR MESSAGE

As I was setting to submit this edition of Snips & Snaps our world was turned upside-down. There were components of this newsletter that didn't feel relevant anymore and other parts that included information that was quickly changing. I wanted to wait until the March ORNAA board meeting on the 18th to confirm the plans for future events held through ORNAA and ORNAC. Currently, ORNAA continues to be optimistic that we will be able to put on the ORNAA conference this October.

2020 is the year of the nurse; now, more than ever, the public is recognizing the hard work and sacrifices that we make for every single person that we encounter in our jobs. This is a trying time for all. Take care of yourselves, both mentally and physically. Don't feel guilty if you need to self-isolate. Remember that you make a difference.

Lauren Llewellyn, RN BScN, CPN(c)

The ORNAA Conference committee is excited to invite you to attend the biennial conference “20/20 Vision of Perioperative Nursing” in Red Deer Alberta September 30 to October 2 2020.

This year's conference has some changes in format, while maintaining the ORNAA tradition of delivering great education sessions. The conference is a day shorter! The conference will start on Wednesday September 30 in the evening with delegate registration, the opening of the exhibit hall and opening reception. The exhibit hall will be open on Wednesday September 20th and Thursday September 1st only. The elimination of the Friday exhibit hall allows for more sessions to be offered on Friday, thus shortening the conference without compromising the education hours. These changes are in response to feedback from past delegates and vendors.

The conference venue is the Cambridge Hotel and Conference Center.

The program is still a work in progress, as the speaker order is being finalized. We can share a sneak peek of a couple of our speakers.

The Thursday evening social, hosted by the Alberta Exhibitors Advisory Committee, will be a roaring ‘20s Speakeasy. So get your glad rags on and enjoy some games, a beverage and a chin wag. It will be the bees knees!

Registration will open May 1 2020. We look forward to seeing you there.

20/20 VISION | PERIOPERATIVE NURSING CONFERENCE

Dr. Alika Lafontaine



Dr. Alika Lafontaine will be discussing anonymous reporting, using a virtual platform so patients can report adverse events anonymously. Dr Lafontaine is an anesthesiologist, indigenous health care advocate, and multiple award winning leader in health care. In 2019 he was awarded the Canadian Medical Association Sir Charles Tupper Award for Political Action for demonstrating leadership and dedication in advancing CMA goals and policies through his grassroots advocacy. Dr Lafontaine practices in Grande Prairie AB.

Zaheen Nanji “Building your Resilience Reflex”



One of most in-demand speakers on resilience in North America today, Zaheen Nanji has shared her content-rich, entertaining, hard-hitting and memorable presentations to enthusiastic audiences such as HR, health professionals, educators and leaders.

Her compelling stories of suffering from a speech impediment to moving half way across the world as a teenager, without her parents, and just recently surviving breast cancer; has her audience laughing and tearing up at the same time.

Zaheen is a TEDx speaker and has been featured on the front cover of Positive Health Magazine and on various broadcast media outlets in UK, USA and Canada. She's also a two-time best-selling and award-winning author. She is also the owner of Shanti Wellness & Laser Centre in Alberta, Canada.

She calls herself a resilience champion because she shows you how to make resilience your first reflex! (bio from <https://www.zaheennanji.com/>)

HIGHLIGHT A HOSPITAL

Northern Lights Regional Health Center,
Ft. McMurray



Fort McMurray runs 2 OR's a day but sometimes 3 depending on staffing and waitlists. Main services include Gyne (including C-sections), General, and Ortho (including ortho spines). They have two visiting ENT surgeons that operate a couple times a month. Any vacant OR days, are typically picked up by dentals. There is a plastic surgery clinic in town but they are currently in the process of switching surgeons so once he has privileges they will be starting with plastics in the hospital as well. They are anticipating to add more services in the future (specifically urology) but as of yet haven't started. They are a level II trauma center so they do some major traumas/cardiac as well but just enough to stabilize and fly (general surgery).



Course Examples from Education Portal:
Monitoring the Patient with a Major Burn; Prevention of Skin and Deep Tissue Injury in the Perioperative Department; Clinical Signs During Inhalational Induction; Principles of Invasive and Non-Invasive Monitoring



EDUCATION PORTAL

ORNAC is trialing an education portal from ICN on the www.ornac.ca website for members only.

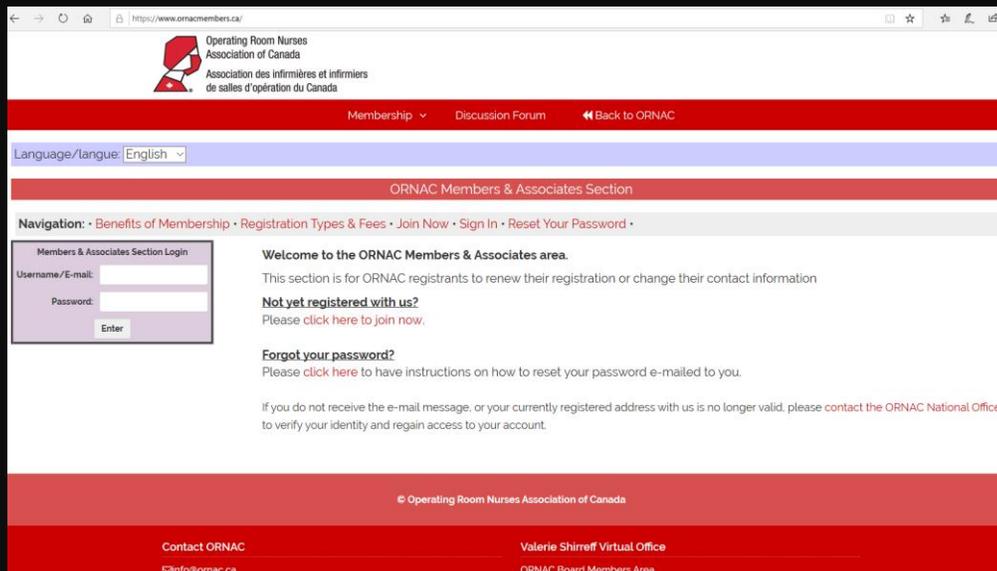
Within the portal there are free and paid courses that can count to your education hours for CPN(c) renewal hours or your CARNA.

I have personally testing if this web link is still available through the former ORNAC wesite. Once logged into your account, click on the education drop-down menu and the first option is the education portal. –Lauren

ORNAC MEMBERSHIP

ORNAC Membership Registration and Renewal is currently underway for the 2020 year. The ORNAC year runs January-December, with registration/renewal opening October 1st.

As ORNAC has moved to a new web platform, the website to Register and Renew memberships has also changed. You can now do both at www.ornacmembers.ca. There are prompts on the screen for new or returning members.



If you have any issues, with username or password, click the hyperlink at the bottom of that page to get in contact with the webmaster.

A reminder to please make sure you are selecting the correct district before submitting. If you pick the wrong district, you will miss out on info about meetings and events, and may have delays with being approved for district funding.

Tax receipts can also be found through this new webpage.

Spotlight On A Standard

2.16.21 Perioperative registered nurses shall know how to properly cover and uncover a sterile field. When covering and uncovering a sterile setup, it shall be done by sterile personnel in a way which prevents drapes that extend below the top of the table from being brought back over the sterile surface.

The recommended procedure for covering:

1. *To leave a cuffed edge and place the first sterile drape across one half of the sterile setup.*
2. *Place a second drape with a cuffed edge across the other half of the sterile setup, from the opposite side, overlapping the cuffed edges.*
3. *Secure the two drapes using non perforating clips/ clamps.*

The recommended procedure for uncovering:

1. *Remove non perforating clips/ clamps*
2. *Place hands under the cuff of the last drape placed and lift the drape up and away from the table taking care to ensure the drape does not shift side to side*
3. *Place hands under the cuff of the first drape place and lift drape up and away from the table, ensuring the drape does not shift side to side (AORN, 2018; Phillips, 2017).*

Covering and uncovering of the sterile field is completed in such a way that non-sterile areas of the drapes are not brought up or over the sterile field.

Operating Room Nurses Association of Canada (2019). *The ORNAC Standards, Guidelines, And Position Statements for Perioperative Registered Nurses*. Pgs. 144-145

Spotlight On A Standard

Routine Practices

2.1.4 Perioperative Registered Nurses shall follow the 4 Moments of Hand Hygiene. The 4 Moments include:

- *Before patient/patient environment contact*
- *Before aseptic procedure*
- *After body fluid exposure risk/contact with contaminated items*
- *After patient/patient environment contact*

(Goodman & Spry, 2017; WHO, 2016; CPSI, nd; Public Health Agency of Canada, 2016)

2.1.7 Hand hygiene shall be performed immediately prior to donning and doffing gloves. Gloves should be used as an additional measure, not as a substitute for hand hygiene (APIC, 2017).

- *Gloves do not replace the need for hand hygiene and do not provide complete protection against hand contamination (PIDAC, 2018; Public Health Agency of Canada, 2016).*
- *Improper glove usage and poor hand hygiene practices have been directly linked to transmission of microorganisms (Goodman & Spry, 2017).*

ORNAA Board

There are two Board positions that are up for elections at the upcoming June Board meeting. This meeting, which is normally held as a Face-to-face meeting, will be conducted via web conferencing. The positions up for election are: Education Director and Secretary.

ORNA CONTACTS

Randi Galenzoski -
president@ornaa.org

Bryana Hahn -
presidentelect@ornaa.org

Hanna Zezula -
treasurer@ornaa.org

Sandi Burton -
secretary@ornaa.org

Lauren Llewellyn -
education@ornaa.org

Christa Gibson -
webmaster@ornaa.org

Gloria Nemecek -
conference@ornaa.org

Alberta ORNAC Director -
ornacrep@ornaa.org

